


Tracker one

Use this tracker for at least 6 weeks - long enough to build some good habits!

Tick  each day that you're careful about what you put down the drain at home.

Action	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Save oils and fats for recycling														
Put wipes or sanitary items in the bin														
Put waste food in the food waste caddy														
Put wrappers and food stickers in the bin														
Put litter in a bin or take it home														

Name: